2018 CULINARY FORECAST

MOVERS AND SHAKERS

TRENDS HEATING UP
- Doughnuts with non-traditional filling
- Ethnic-inspired kids' dishes
- Farm/estate-branded items
- Heritage-breed meats
- Peruvian cuisine
- Thai-rolled ice cream
- Uncommon herbs
- Vegetable carb substitutes
- Veggie-centric/vegetable-forward cuisine

TRENDS COOLING DOWN
- Artisan cheese
- Heirloom fruit and vegetables
- House-made charcuterie
- House-made/artisan ice cream
- House-made sausage
- Meal kits
- Nutrition
- Protein-rich grains/seeds
- Savory desserts
- Whole grain items in kids' meals